

Inherited Assets Exercise

Note to facilitator: A large space is needed for participants to move forward (up to 36 steps) and backward (up to 23 steps) Part of the impact of the exercise is to see the different places of those in the room. Some participant may even end up behind the start line.

Instructions to participants: For the following exercise, take steps forward or backward as instructed based upon your experience prior to adulthood.

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-Facilitator will need a large enough space for people to move 23 steps backwards, and 36 steps forward.

-“Pretend you are UNDER 18 years of age, in order to answer the following questions and move according to the facilitator’s directions”

1. If your parents spoke English as a first language -----**1 step forward**
2. If, as a child, you had a room of your own with a door -----**1 step forward**
3. If your family received public assistance -----**take 2 step back**
4. If you had as a child reading books for adults and children -----**take 1 step forward**
5. If both of your parents completed college -----**take 3 steps forward**
6. If your family owned a home -----**take 1 step forward**
7. If your family spent time without health insurance while you were growing up -----**take 1 step back**-----
8. If one or both of your parents never completed high school -----**take 2 steps back**
9. If you had to get a job to help pay for school -----**take 1 step back**
10. If your family took yearly vacations not to a relative’s house -----**take 3 steps forward**
11. If you usually rode the bus because your family did not have a vehicle -----**take 1 step back**
12. If you have traveled to a foreign country, not including Canada or Mexico -----**take 3 steps forward**
13. If you were born in another country, other than the United States or Canada -----**take 1 step back**
14. If you lived in the same house for most of your childhood -----**take 2 steps forward**
15. If your family was Christian -----**take 2 steps forward**

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16. If your family had credit cards -----**take 1 step forward**
17. If extended family (grandparents, uncles, aunts, cousins) ever lived in your house -----**take 1 step back**
18. If you got an allowance from your parents -----**take 1 step forward**
19. If your family ever used food stamps -----**take 1 step back**
20. If your family shopped for clothing at a second hand or thrift store -----**take 1 step back**
21. If you ever had your electricity or other utilities turned off -----**take 1 step back**
22. If you were raised in a two-parent household -----**take 2 steps forward**
23. If you were raised in a single parent household -----**take 1 step back**
24. If you were ever evicted from your home -----**take 2 steps back**
25. If you went without meals due to lack of food -----**take 1 step back**
26. If you attended a private school -----**take 2 steps forward**
27. If anyone in your immediate family has ever been incarcerated -----**take 1 step back**
28. If your parents rent their home or apartment -----**take 1 step back**
29. If any of your family members suffered with addiction or mental health -----**take 2 steps back**
30. If your family were business owners -----**take 3 steps forward**
31. If your family inherited money or land -----**take 5 steps forward**
32. If you have a trust fund -----**take 5 steps forward**